

SUTAB® Colonoscopy Preparation

Purchase the Following Products:

1. SUTAB bowel prep (24 tablets)

IF YOU ARE TO BE SEDATED, A RESPONSIBLE DRIVER MUST REMAIN IN THE FACILITY THROUGHOUT YOUR APPOINTMENT. (~2 hours total). NO EXCEPTIONS.

Please read all instructions thoroughly.

If taking tetracycline or fluoroquinolone antibiotics, iron, digoxin, chlorpromazine, or penicillamine, take at least 2 hours before and not less than 6 hours after administration of each dose of SUTAB.

The Day BEFORE Your Exam:

- **STOP** all solid foods. NO SOLID FOOD until after your exam.
- Drink only **CLEAR** liquids throughout the day and evening. **Clear liquids include:** Water, sports drinks, black coffee, tea, any soda (light or dark), broth, Jell-O, popsicles, and juice without pulp. **NOTHING RED OR PURPLE.**
 1. **At 5:00 PM prepare 12 tablets** and fill the provided container with **16 oz of water.**
 2. **DO NOT take other oral medications within 1 hour of starting SUTAB**
 3. Begin taking the tablets one at a time, with a **sip of water every 1-2 minutes.** Finish the 12 tablets and container of water over 15-25 minutes.
 4. **1 hour after last tablet, drink 16 oz of water** over the next 30 minutes.
 5. **30 minutes after second container of liquid, drink 16 oz of water** over the next 30 minutes.
- Continue to drink clear liquids only throughout the evening.
- A soothing ointment (Desitin, Vaseline) may be applied to the anal area to prevent discomfort and skin breakdown.

The Day Of Your Exam:

- **Five (5) hours** before your arrival time, repeat **steps 2 through 5 above.**
- Bowel movements should be very watery and yellow or green in color. **CALL US IF STOOLS ARE STILL BROWN!**
- **NOTHING BY MOUTH FOR 2 HOURS BEFORE YOU ARRIVE! (This includes water, gum and mints. NOTHING by mouth.)**

Medications:

- **Follow the medication instructions** during the prep. **The day of your procedure, take all your regularly prescribed medications** at least two (2) hours before you arrive.

Diabetics:

- Test your blood sugar before coming in for your procedure and bring the reading with you.
- If you take oral medication or insulin, **DO NOT** take it the morning of your procedure..
- Please contact the physician that manages your diabetic care if you have any questions regarding your oral medication or insulin dosages.

Blood Thinners:

- If you are taking blood thinners, call your prescribing physician and ask if you may stop taking the medication for the required amount of time prior to your procedure.
- You may continue taking aspirin, ibuprofen and other anti-inflammatory medications.

Bring with you:

- **Your inhaler, if you use one**
- **insulin, if you use it**
- **NOT use online registration, bring completed registration forms, Photo ID and Insurance Card List of all medications, vitamins and supplements you are taking (include dosage and last date and time each medication was taken before your arrival)**

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YOUR PROCEDURE IS SCHEDULED FOR (date) _____ **Please arrive at (time):** _____

With Dr. _____