

PREP INSTRUCTIONS: ENDOSCOPY (EGD) – ERCP – EUS

7 DAYS BEFORE YOUR APPOINTMENT:

Ask your primary care provider about managing diabetes medications prior to your procedure.

We ask you to stop taking blood thinners 3-7 days before your procedure. Please confirm with your doctor that this is safe and notify us if they say it is not. Examples:

Coumadin (warfarin)
Eliquis (apixaban)

Xarelto (rivaroxaban)
Plavix (clopidogrel)

Effient (prasugrel)
Brilinta (ticagrelor)

THE DAY BEFORE YOUR APPOINTMENT:

Stop eating solid food after 7:00pm. You may continue to drink clear liquids. Stay hydrated!

*If you are taking a GLP-1 medication for diabetes or weight loss, then you need to be on a clear liquid diet the entire day before your procedure. Examples:

Ozempic/Wegovy/Rybelsus(semaglutide)

Mounjaro/Zepbound (tirzepatide)

Trulicity (duaglutide)

THE DAY OF YOUR APPOINTMENT:

4 hours before your appointment:

Take your daily medications with a small sip of water.

STOP DRINKING

Nothing by mouth including water, gum or mints.

OTHER INFORMATION:

You must have an adult accompany you home.

Bring glasses, hearing aids, insurance cards and payment. Do not bring valuables.

Copays, coinsurance and/or deductibles are required at time of service.

You may receive up to 4 separate bills: 1-facility, 2-physician, 3-anesthesia, 4-pathology

Rescheduling or cancellation must be done 2 full business days in advance. Failure to do so can result in a \$100 fee.